Worksheet 10: The Sealed Letter

Use on: Day 30 **Time:** 30 min **Mechanic:** seal **You'll need:** two sheets of paper, an envelope, a pen, a small card

Why this exists: Thirty days ago someone opened this program on the same screen where it used to happen. A year from now someone will open an envelope. You're the only one who can write to both of them.

Letter 1: To the one who started (keep it, and read it out loud today)

Write to yourself on Day 1. Thank that person for one specific thing they did that you're living on now: opening the first page, leaving the Ledger box honestly empty, burning the strips. Then tell them what they didn't know yet.

Dear me of Day 1,

Letter 2: To the one a year from now (seal it)

Write to yourself one year from today. Tell that person what you're putting in for them now: what you're building, what you've closed for good, who you're turning into. It's a deposit, and you expect it to grow by the time they read this.

Dear me of _____,

Seal it

1. Fold Letter 2 into the envelope and seal it.
2. On the front write: **“Open on** _____ / _____ / _____**”**, one year from today.
3. Give it to your one person to hand back on that date, or put it somewhere you won’t touch it.

The card for every morning after this

Write this on a small card and keep it where you’ll see it when you wake up:

“Am I being the person I want to be right now?”

The Line I’m Keeping
